



OSF[®]
HEALTHCARE

To: Mission Partners drawing blood for Lipid Panels

From: Melinda Davis
Core Lab Manager
OSFHC Saint Francis Medical Center

Date: March 12, 2019

Subject: Fasting Status for Lipid Panel testing

The specimen rejection criteria for Lipid panel testing has been updated to accept blood drawn from patients who have not fasted for 12 hours. **The assessment of LDL Cholesterol is not impacted by the fasting status.** When patients present for blood to be drawn for Lipid panel testing they should be asked for their fasting status. Their 'fasting' or non-fasting' status should be recorded in Epic at the time of the blood draw by answering the ask at requisition entry questions. The result of this question will then populate as a result component in the Lipid panel along with the other test results. This will enable the provider to properly interpret the Lipid panel results accurately as fasting status does impact the results of the Lipid panel.

The acceptance of non-fasting blood for a Lipid panel does not mean that patients should be instructed or informed that they do not need to fast prior to collection of a Lipid panel. This is being offered as an option that is preferable to turning patients away who have not fasted as their LD Cholesterol can be clinically assessed in the non-fasting state. This non-fasting option for Lipid panel testing has support from our Cardiology providers. Please feel free to contact me at 309-624-9024 if you have any questions or concerns.