

2022

MCLEAN COUNTY

Community Health Needs Assessment (CHNA)

SUMMARY REPORT

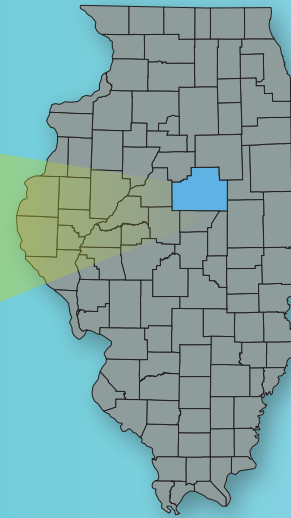


OSF HEALTHCARE
St. Joseph
Medical Center

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HIGHER LEVEL COUNTY DATA

McLean County
Population 174,090



McLean County

State of Illinois

34.4

MEDIAN AGE

39.2

22.2%

SINGLE PARENT HOUSEHOLDS

25%

34.9%
(Bloomington, 61701)

67,245

HOUSEHOLDS

4,865,529

(2.56 average household size)

\$73,004

MEDIAN HOUSEHOLD INCOME

\$76,001

(Bloomington, 61701 \$53,260)

15.2%

PEOPLE LIVING BELOW FEDERAL POVERTY LINE

12%

(Bloomington, 61701 21.1%)

29%

PERSONS WITH A DISABILITY LIVING IN POVERTY

25.2%

2.8%

UNEMPLOYED

5.18%

VOICES FROM THE COMMUNITY

2021 MCLEAN COUNTY COMMUNITY HEALTH SURVEY

- **763 respondents**
(650 general population + 113 at-risk population)
- **2 month survey period**
(August – September 2021)



PERCEPTION OF FIVE BIGGEST HEALTH ISSUES IN OUR COMMUNITY

- Mental Health **26%**
- Obesity/Overweight **16%**
- Aging Issues **10%**
- Diabetes **7%**
- Viruses/COVID-19 **14%**

PERCEPTION OF THREE UNHEALTHIEST BEHAVIORS

- Drug abuse - illegal **14%**
- Alcohol abuse **15%**
- Poor eating habits **15%**

THREE MOST IMPORTANT FACTORS THAT WOULD IMPROVE WELLBEING

- Access to Health Services **20%**
- Healthy Food Choices **14%**
- Less Hatred **11%**

GENERAL OVERVIEW

OVERVIEW OF THE COMMUNITY HEALTH NEEDS ASSESSMENT (CHNA) PROCESS

STEP
01

Obtain and analyze data/information; present it to the McLean County Community Health Council for discussion.

STEP
02

Prioritize the top 7 health issues and choose the top 3 health priorities for the joint 2022 McLean County CHNA and the joint 2023--2025 McLean County Community Health Improvement Plan.

STEP
03

Form a Priority Action Team for each of the 3 health priorities.

STEP
04

Compose the 2022 McLean County CHNA.

STEP
05

Approve CHNA document and post on 4 websites for all to use.

Top 7 Issues

- Access to Care
- Behavioral Health (Mental Health and Substance Use)
- Healthy Eating/Active Living (Exercise, Nutrition, Obesity and Food Access/Insecurity)
- Heart Disease
- Oral Health
- Respiratory Disease
- Diabetes

*Top 7 Issues
Narrowed Down to 3*

Top 3 Issues Identified as Priority Focus Area

- Access to Care
- Behavioral Health (Mental Health and Substance Use)
- Healthy Eating/Active Living (Exercise, Nutrition, Obesity and Food Access/Insecurity)

BEHAVIORAL HEALTH

McLean County is in the worst 25th percentile compared to other counties in Illinois for:

ER visits due to adolescent (10-17 years) suicide and intentional self-inflicted injury



ER visits due to alcohol use and adults who binge drink (18+ years)

McLean County is in the **best 50th percentile** compared to other counties in Illinois for:

- ER rate due to adult mental health
- ER rate due to substance use
- ER rate due to opioid use
- Deaths due to drug poisoning
- Adults who smoke
- Teens who use marijuana, smoke or use alcohol
- Death rate due to suicide



- An average of **40%** of youth surveyed reported feeling sad or hopeless
- An average of **15%** of youth surveyed reported seriously considering attempting suicide

- McLean County is in the worst 50th - 75th percentile for age-adjusted ER visits due to pediatric (< age 18) mental health and adult suicide and intentional self-inflicted injuries compared to other counties in Illinois.
- 18% of McLean County adults surveyed rated their mental health as poor



20% of survey respondents rated
“ACCESS TO HEALTH SERVICES”
as an issue that impacts well-being



REASONS survey respondents reported not accessing medical care were:

- **TOO LONG TO WAIT**
- **COULD NOT AFFORD COPAY**

18% of survey respondents reported not having access to dental care



16% of at-risk County residents surveyed reported that the **EMERGENCY DEPARTMENT** was their primary choice of medical care...

...as compared to **4%** of the general population

McLean County is ranked as #2 in the State of Illinois for clinical care

HEALTHY EATING / ACTIVE LIVING (HEAL)



- **86%** of McLean County residents are not meeting exercise guidelines (150 minutes per week); **28%** report being too tired to exercise, **23%** report they don't like to exercise
- **94%** of McLean County residents do not consume 5+ servings of fruit and vegetables per day; citing transportation issues or "don't like"
- **9.5%** of people in McLean County experience food insecurity
- **31%** of adults (18+) are obese; **34.6%** of adults (18+) are obese in the 10 socioneeds ZIP codes with a 4-5 ranking
- **27%** of 8th, 10th and 12th graders reported being physically active for a total of 60 minutes per day for 7 days a week
- McLean County is in the **worst 25th percentile** compared to other IL counties for access to a grocery store
- **84%** of McLean County residents live reasonably close to a park or recreation facility

SUMMARY PAGE

MCLEAN COUNTY COMMUNITY HEALTH COUNCIL MEMBERS

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Black Business Association	Marcfirst SPICE
Bloomington Housing Authority	McLean County Center for Human Services
Bloomington Normal Boys & Girls Club	McLean County Government
Bloomington Normal Economic Development Council	McLean County Health Department
Bloomington Normal Faith in Action	McLean County Regional Planning Commission
Bloomington Township	McLean County Sheriff
Carle BroMenn Medical Center	Mid Central Community Action
Carle Cancer Institute	NAACP of Bloomington Normal
Chestnut Health Systems	OSF HealthCare System
Children's Home + Aid	OSF St. Joseph Medical Center
City of Bloomington	Project Oz
Connect Transit	Regional Office of Education
District 87 Schools	Town of Normal
East Central Illinois Area Agency on Aging	The Baby Fold
EasterSeals of Central Illinois	The Black Nurses Association of Central Illinois
ForeFront	The Links Incorporated
Heartland Community College	Unit 5 Schools
Home Sweet Home Ministries	Unity 5 Schools
Illinois Farm Bureau	United Way of McLean County
Illinois State University	University of Illinois
Illinois State University Mennonite College of Nursing	West Bloomington Revitalization Project
Illinois State University School of Social Work	Western Avenue Community Center
Illinois Wesleyan University	YMCA
Integrity Counseling	Youth Build
Marcfirst	YWCA

Summary data is from the 2022 McLean County Community Health Needs Assessment full report.

The full CHNA Report is available on each organization's website at:
Carle BroMenn Medical Center: carle.org/about-us/Community-Health-Needs-Assessments
Chestnut Health Systems: www.chestnut.org/about-us/data-reports/
McLean County Health Department: health.mcleancountyil.gov/
OSF St. Joseph Medical Center: www.osfhealthcare.org/about/community-health/