Mask Sewing Instructions



What you will need

- Cotton fabric for outer layer
- Polyester fabric for inner lining such as non-woven interfacing (spun poly blend)
 - Use cotton fabric layers in place of polyester fabric. (Two layers of cotton T-shirt fabric would be used based on the filtration and breathability.)
- Rope elastic, beading cord elastic will work (you may also use 1/8" flat elastic; latex free preferred)

Use fabric ties in place of elastic.

(Use four 18-inch strips, and sew one to each edge in place of elastic. Ties should be made of a fabric that will remain tied tightly, such as shoelaces or other stretchable cotton-blend fabrics.)

Cut the elastic 7" long and tie a knot at each end (DO NOT knot the ends of the flat)

You can make two sizes: adult or child

1. Put right sides of fabric layers together cut to size. We recommend one layer of the outer fabric and two layers of the inner lining.

Sizes:

Adult Size Cut (9 inches by 6 inches)

Child Size (7.5 inches by 5 inches)

Hint: Be sure any fabric design is placed horizontally.

- 2. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic or tie with the edge out into the corner. A few stitches forward and back will hold this.
- **3.** Sew to the next corner, stop, and bring the other end of the same elastic or your second tie to the corner and sew a few stitches forward and back.
- 4. Now sew across the top of the mask to the next corner. Again put an elastic or third tie with the edge out.
- 5. Sew to the next corner and sew in the other end of the same elastic or your fourth tie.
- 6. Sew across the bottom leaving about 1.5 to 2 inches open. Stop, cut the thread.
 Turn inside out. Pin three tucks on each side of the mask. Make sure the tucks are the same direction.
- 7. Sew around the edge of the mask twice.

It is so easy to make this.











