

Talking to Kids About Current Events – Soundbite Transcripts

SOT

Dr. Kyle Boerke, OSF HealthCare Clinical Child Psychologist

“The conversation really should be about the child. Give them permission to express their feelings. Make sure that they understand it’s important for them to be expressing their opinions, their viewpoints, their feelings. We want to make sure that they are hearing from us as the parent that we care about what they think. We care about what they are feeling.” (:22)

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“We want them to know the information that I am giving to them is something that they can trust that is accurate. So if they are hearing me fiddle with the truth one way or another and they have a teacher at school that is having a conversations with them, that is going to put kind of a doubt in their head. So it is important to be open and honest with them at that age appropriate level. That way they know that they can trust you as a parent and your discretion.” (:25)

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Dr. Kyle Boerke, OSF HealthCare Clinical Child Psychologist

“We have the ability to model how we agree with or how we disagree with something in an appropriate way, and especially in a time like this when the country is so divided, that is a really important thing for us to model – appropriate ways to disagree or have different opinions from other people.” (:17)