

## Strokes are more common in older adults

### ANCHOR LEDE

Experts say strokes are more common in older adults. But there is hope – both in prevention and recovery.

### TAKE VO

OSF HealthCare stroke coordinator Leslie Ingold says people young and old should look up the acronym BEFAST to know stroke symptoms. For older folks, know the difference between just aging and signs of a stroke.

### \*\*\*SOT\*\*\*

Leslie Ingold, OSF HealthCare stroke coordinator

**“The key word is acute. Things that happen suddenly, out-of-the-blue and for no reason. A gradual balance problem over weeks or months is likely not a stroke.” (:15)**

### VO TAG

There are many options to help with stroke recovery, like therapy and going to an assisted living facility.