

**Transcript-Media clips with Radiologist Dr. Jessica Guingrich, OSF HealthCare Center for Breast Health, Peoria**

Lack of contrast between tissue and possible tumors hard to detect with dense breasts.

**"We're trying to see white findings (tumors) so the denser tissues means there's more whiteness in the background and it's harder to see those white findings," Dr. Guingrich explained. (:10)**

Only a mammogram, not an exam can identify dense breasts.

**"The density actually has nothing to do with how they feel on physical exam or the breast size. It actually has to do with that appearance on the mammogram." (:07)**

There are more significant influences on cancer risk than breast density.

**"Like if one has a first-degree relative or a pre-menopausal relative diagnosed with breast cancer or if they have a personal history of breast cancer, those women are at higher risk. If a lady is a gene carrier or if a lady has had chest wall radiation." (:16)**