

Diabetic foot ulcers should be treated early

Cases that are far along may have serious consequences

ANCHOR LEDE

One in four diabetics may develop a foot ulcer, or an open sore or lesion that doesn't heal quickly.

TAVE VO

OSF HealthCare wound care provider Teresa Mejorado [may-hore-AH-doh] says the first treatment is removal of dead tissue. Serious cases involve medicine and time in a hyperbaric chamber to promote healing. The last resorts are surgery or foot amputation.

Mejorado says to avoid ulcers, keep up with your diabetes symptoms, and don't walk barefoot.

*****SOT*****

Teresa Mejorado [may-hore-AH-doh], OSF HealthCare wound care provider

"If people have neuropathy, they're not going to know they have a sore until it's too late. We've seen people with burns. They may have a nail or glass embedded in their foot. They walk around and never know it. It may become infected and become a bad situation." (:20)

VO TAG

Your footwear should have room for feet and toes, plus padding for when you walk and run.