# Laser ablation helps keep AFib at bay

## **ANCHOR LEDE**

September brings awareness to atrial fibrillation, when the heart's rhythm and electricity are irregular.

### TAKE VO

Cardiologists says it's serious business due to the increased stroke risk.

One treatment is ablation, and the newest type of ablation is guided by a laser.

#### \*\*\*SOT\*\*\*

Dr. Abraham Kocheril [COACH-er-ul], OSF HealthCare cardiologist

"We put a ring of scar around the pulmonary vein so the AFib triggers don't make contact with the rest of the atrial muscle. As the balloon expands, it pushes away the blood. You can see the vein all the way around. That's our target." (:15)

#### **VO TAG**

You also know the signs of AFib, including an irregular heartbeat and sudden fatigue. See a provider if you have these issues.