

Caring for someone with dementia

ANCHOR LEDE

Since actor Bruce Willis revealed a dementia diagnosis, his family and friends have rallied around him to provide the best care.

TAKE VO

OSF HealthCare provider Courtney McFarlin says caregivers for people with dementia should be at every appointment so they can talk about how things are going. They should also understand that it's not an 8 a.m. to 8 p.m. job.

SOT

Courtney McFarlin, OSF HealthCare provider

"The family could hire someone to come in a few hours a day or a few days a week to give them a break. Or if it's a family of multiple siblings, they can take turns. We try to make sure caregivers are also being cared for. Getting adequate rest and making sure their emotional needs are also met." (:27)

VO TAG

Your community may have a caregiver support group. You can also look into senior living facilities, from independent living to memory care units.