

Dirty floors and bare feet don't mix

Walking barefoot on dirty bathroom or locker room floors can lead to plantar warts

ANCHOR LEDE

Back to school season means youngsters spending time in locker rooms and college students doing the same in dormitory bathrooms. Despite everyone's best efforts, the floors in those spaces have a reputation of not being the cleanest.

TAKE VO

Quickly doing your business while barefoot may seem like no problem. But lingering on the floor may be a virus that causes painful plantar warts.

OSF podiatrist Doctor Marc Leonard says you should get the warts treated early.

*****SOT*****

Dr. Marc Leonard, OSF HealthCare podiatrist

"It's an acid that almost blows up that outer layer of tissue. Then we decompress it. Even with that, it still takes several treatments." (:12)

VO TAG

Wear shower shoes or flip flops in bathrooms and locker rooms. And keep your feet, socks, shoes and nail clippers clean and dry.