RASPBERRY PEACH PIZZA

Higher Fiber, Lower Saturated Fat, Lower Sodium, Vegetarian

Serves: 1 (Serving= 1 pita)

Nutrition (per serving)

Calories: 185 Total Carbohydrate: 32

Saturated Fat: 3 g Prote Sodium: 290 mg

Ingredients

- 1 whole grain pita
- ¼ peach, thinly sliced
- 5 raspberries

- $\bullet \ 1 \ \text{wedge cinnamon Laughing Cow} \ \textbf{@ cream}$ cheese spread
- Dash of cinnamon
- 1 teaspoon honey



Directions

- 1. Preheat oven to 375 degrees. While oven is heating, evenly spread one wedge of cinnamon cream cheese on whole grain pita.
- 2. Arrange sliced peaches on pizza. Break raspberries into smaller pieces or add whole raspberries to pita. Dust pizza with cinnamon.
- 3. Place pita on baking sheet and bake for about 10 minutes until the edges are crispy, before raspberries brown.
- 4. Drizzle honey over the top then allow to cool for 3-4 minutes and slice into wedges.

