STRAWBERRY CHEESECAKE SANDWICH^{trawberry Cheesecake Sandwich Cookies} COOKIES

Gluten Free, Low Carb / Diabetes Friendly, Lower Saturated Fat, Lower Sodium, Vegetarian

Serves: 16 (Serving= 1 sandwich cookie)

Nutrition (per serving)

Calories: 103Total Carbohydrate: 13Total Fat: 4.5 gDietary Fiber: 0.5 gSaturated Fat: 2 gProtein: 3 gSodium: 120 mg

Ingredients

• 8 ounces 1/3 less fat cream cheese, room temperature

• 1 – 6 ounce container Yoplait® Greek 100 Calorie strawberry cheesecake yogurt

- 1 teaspoon vanilla extract
- $\frac{1}{2}$ cup finely chopped strawberries

• 32 graham cracker squares (choose gluten free graham crackers for GF version)



Directions

1. Place cream cheese, yogurt, vanilla and strawberries in a medium bowl. Using an electric hand mixer, mix on low for 30 seconds then medium for an additional 30-60 seconds until combined.

2. Spoon cheesecake mixture between 2 graham crackers (about 2 Tablespoons).

3. Refrigerate for at least 1 hour to soften graham crackers.

