KICKIN' PEANUT SAUCE

Gluten Free, Low Carb / Diabetes Friendly, Lower Saturated Fat, Lower Sodium, Vegetarian

Serves: 4 (Serving= 1/4 cup)

Nutrition (per serving)

Calories: 130 Total Carbohydrate: 7 Total Fat: 9 g Dietary Fiber: 1 g

Saturated Fat: 2 g Protein: 5 g

Sodium: 150 mg

Ingredients

- ¼ cup Smuckers® natural peanut butter
- 1/4 cup salsa verde
- 1 teaspoon Sriracha® or other chili sauce
- 1 Tablespoon fresh lime juice

- 1/4 cup light sour cream
- 1 teaspoon honey
- 2 Tablespoons fresh cilantro, chopped

Directions

- 1. Combine all ingredients in a food processor and process until smooth, about 10 20 seconds.
- 2. Serve with fresh vegetables or as a sauce for grilled chicken, pork or shrimp.

