

# TURKEY 'N STRING CHEESE WRAP

Turkey 'n String Cheese Wrap

Serves: 1

## Nutrition (per serving)

Total Fat: 8 g	Calories: 184
Saturated Fat: 3 g	Total Sugars: 2 g
Sodium: 542 mg	Protein: 14 g
Total Carbohydrate: 14	
Dietary Fiber: 3 g	

## Ingredients

- 1 (6 inch) soft-shell tortilla, whole-grain
- 1 Tbsp garden veggie cream cheese
- 3-4 baby spinach leaves (or any lettuce leaf)
- 1 oz thin shaved turkey (ham, chicken, or lean beef)
- 1 string cheese

## Directions

1. On a clean flat surface, spread cream cheese on soft-shell.
2. Tear spinach. Layer meat.
3. Place string cheese at one end and roll it up jelly-roll style.
4. Cut in half. Enjoy.