LOADED FLATBREAD PIZZA

Higher Fiber

Serves: 1

Nutrition (per serving)

Calories: 297
Total Carbohydrate: 36
Total Fat: 8 g
Saturated Fat: 4 g
Sodium: 502 mg
Total Sugars: 9 g
Protein: 27 g

Ingredients

- 1 Flatout[®] Original flatbread
- ullet 2 Tablespoons Delallo igotimes pizza sauce
- 1/3 cup part-skim, low moisture shredded mozzarella cheese

- 1/4 cup shredded chicken breast, cooked
- 2 Tablespoons bell pepper, diced
- 1 Tablespoon onion, diced
- 2 Tablespoons mushrooms, diced
- 2 Tablespoons pineapple, sliced



Directions

- 1. Pre-heat oven to 375 degrees Fahrenheit.
- 2. Place flatbread on ungreased baking sheet. Bake for 2-3 minutes.
- 3. Remove flatbread from oven and spread sauce around until evenly distributed.
- 4. Sprinkle cheese over sauce and top with remaining ingredients.
- 5. Place flatbread back into oven for 4 minutes or until cheese has melted.

