

SMITTEN SNACK MIX

Smitten Snack Mix

Lower Saturated Fat, Lower Sodium, Vegetarian

Serves: 13 (Serving = 3/4 cup)

Nutrition (per serving)

Total Fat: 4 g	Calories: 181
Saturated Fat: 2 g	Total Sugars: 15 g
Sodium: 116 mg	Protein: 3 g
Total Carbohydrate: 32	
Dietary Fiber: 2 g	

Ingredients

- 4 cups Kashi[®] Honey Toasted Organic Oat Cereal
- 1 cup freeze-dried strawberries
- 4 cups Vanilla Chex[™]
- 1 cup M&Ms[®]

Directions

1. In a large bowl, combine all ingredients. Mix until well combined.