CHOCOLATE-CRANBERRY COOKIES

Lower Saturated Fat, Lower Sodium, Vegetarian

Serves: 1 cookie

Nutrition (per serving)

Calories: 94 Total Carbohydrate: 16

Total Fat: 3.2 g Dietary Fiber: 1 g Saturated Fat: 1.5 g Protein: 1.5 g

Sodium: 80 mg

Ingredients

6 T butter or margarine

3/4 c packed light brown sugar

1 tsp vanilla extract

1 large egg

1/3 c white flour

1/3 c whole-wheat flour

1½ c old-fashioned oats

1 tsp baking powder



1 c dried cranberries

3 oz bittersweet chocolate, chopped or ½ c semi-sweet chocolate chips

Directions

Preheat oven to 350oF. Combine butter and brown sugar with electric mixer. Add eggs and vanilla; beat until smooth. Add flour, oats, and baking powder. Fold in cranberries and chocolate.

Drop dough by tablespoonfuls 2 inches apart on baking sheets. Bake for 10-12 minutes or until edges are golden brown. Remove from oven and cool on wire racks or wax paper.

