

CITRUS INFUSED WATER

Bariatric, Gluten Free, Low Carb / Diabetes Friendly, Lower Saturated Fat, Lower Sodium, Vegetarian

Serves: 8 (Serving = 8 ounces)

Nutrition (per serving)

Total Fat: 0 g	Calories: 0
Saturated Fat: 0 g	Total Sugars: 0 g
Sodium: 0 mg	Added Sugars: 0 g
Total Carbohydrate: 0	Protein: 0 g
Dietary Fiber: 0 g	

Ingredients

- 2 lemons, sliced into thin rings
- 2 oranges, sliced into thin rings
- 1 lime, sliced into thin rings
- 8 cups of water

Directions

1. Add fruit to a pitcher.
2. Pour water over fruit.
3. Refrigerate for at least 3 hours.

Note: Can be refrigerated for up to 2 days.