

FUDGY PUDDING CAKE

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Lower Saturated Fat, Lower Sodium, Vegetarian

Serves: 20 (Serving= 1/3 cup)

Nutrition (per serving)

Calories: 144	Total Carbohydrate: 27
Total Fat: 8 g	Dietary Fiber: 2 g
Saturated Fat: 3 g	Protein: 3 g
Sodium: 351 mg	

Ingredients

- 1 (16 ounce) sugar free devil's food cake mix
- 2 (1.4 ounce) packages sugar free, fat free instant chocolate fudge pudding (unprepared)
- 1 ½ cups light sour cream
- ¾ cup egg substitute
- ½ cup unsweetened applesauce
- 1 ½ teaspoons vanilla extract
- ¾ cup water
- ½ cup dark chocolate chips
- Cooking spray

Directions

1. In a large mixing bowl, mix all ingredients except chocolate chips with an electric mixer until combined.
2. Fold in chocolate chips.
3. Spray 6 quart slow cooker with cooking spray and pour in cake mixture.
4. Cook for 2 ½ to 3 hours on high or 5 ½ to 6 hours on low.
5. Topping options: light or fat free ice cream, whipped topping or skim milk.